

# Client Information and Consultation Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_  

Last
First
MI
MM/DD/YY

Address: \_\_\_\_\_  

Street
Apt.#
City
State
Zip

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ e-mail \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_  

Name
Phone #

Occupation: \_\_\_\_\_

Reason for Appointment: \_\_\_\_\_

Have you had a professional massage before ? YES NO If "yes", how long ago ? \_\_\_\_\_

List Current Medications: \_\_\_\_\_

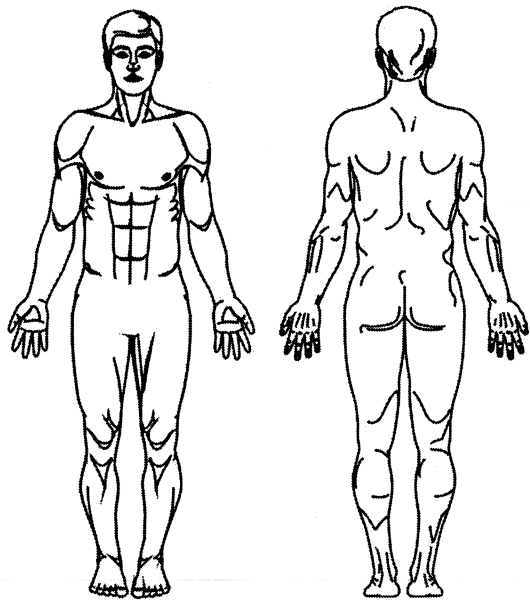
List any Allergies: \_\_\_\_\_

**PLEASE ANSWER THE FOLLOWING QUESTIONS WITH "YES" or "NO" .  
EXPLAIN IF NECESSARY**

- |                      |                 |                               |
|----------------------|-----------------|-------------------------------|
| Skin problems _____  | Arthritis _____ | High/Low blood pressure _____ |
| Blood clots _____    | Diabetes _____  | Varicose veins _____          |
| Seizures _____       | Pregnant _____  | Circulation disorders _____   |
| Contact lenses _____ | Cancer _____    | Contagious diseases _____     |

**PLEASE LIST ANY OTHER MEDICAL CONDITIONS, MAJOR ILLNESS, BROKEN BONES, SURGERIES, OR ACCIDENTS THAT YOU HAVE HAD WITHIN THE LAST 3 YEARS.**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



On this diagram please **circle** the areas of the body that you feel need the **most** attention in the massage session, and place an **"x"** over the areas that you wish to have avoided.

**PLEASE INITIAL THE FOLLOWING STATEMENTS:**

**Initial**

- 1) I am aware that draping will be used during the massage session. \_\_\_\_\_
- 2) I understand that it is not within the scope of the massage session for the therapist to engage in breast massage of female clients. \_\_\_\_\_
- 3) I understand that *my* feedback is an essential element in my treatment, therefore if at any time I should become uncomfortable during the massage, I may bring it to my therapist's attention and request that the session end. \_\_\_\_\_
- 4) If I am unable to keep an appointment, I understand that an 8 hour notice is required, otherwise, I will be charged for the time reserved. \_\_\_\_\_

**TO BE COMPLETED BY THE MASSAGE THERAPIST**

The following type(s) of massage techniques will be used in the therapy session.

- |                                      |  |                                     |
|--------------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Shiatsu     | <input type="checkbox"/> Trigger Point | <input type="checkbox"/> Reiki      |
| <input type="checkbox"/> Swedish     | <input type="checkbox"/> Deep Tissue   | <input type="checkbox"/> Sports     |
| <input type="checkbox"/> Stretching  | <input type="checkbox"/> Accupressure  | <input type="checkbox"/> Hot Stone  |
| <input type="checkbox"/> Reflexology | <input type="checkbox"/> Craniosacral  | <input type="checkbox"/> Myofascial |
| <input type="checkbox"/> Pregnancy   | <input type="checkbox"/> Other _____   |                                     |

**PLEASE READ THE FOLLOWING STATEMENTS, THEN SIGN AT THE BOTTOM OF THE PAGE**

I have read and I fully understand this form in its entirety. If at any time there are changes in the information given or in my condition, I will notify my therapist, and update this form before receiving additional massages.

The massage treatment given here is for the sole purpose of stress reduction, relief from muscle tension or spasm and to increase circulation and energy flow.

The Massage Therapist does not diagnose or prescribe for medical illness, disease, or any other physical or mental disorder.

The Massage Therapist does not do spinal manipulations. Massage Therapy is not a substitute for medical examination or diagnosis, and it is recommended that a physician be seen for any ailment that you may have.

It is the Client's (your) responsibility to explain and discuss all physical conditions with the Massage Therapist so that they may do their job. Your Massage Therapist is an independent professional and is solely responsible for your treatment.

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Massage Therapist Signature**